

# WFMA

Waynesboro Family Medical Associates, LLP

## ADOLESCENT HEALTH HISTORY

(Use for ages 11-20 years)

Today's date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

**PAST MEDICAL HISTORY** Previous doctor:  None  Yes (name) \_\_\_\_\_

**Allergies/reactions to medicines or vaccines:** \_\_\_\_\_

**Current medications** (including vitamins herbs, supplements, birth control pills)

Name Dose How many times per day When started

\_\_\_\_\_

\_\_\_\_\_

**Major Medical Problems:**  None  Yes, (list) \_\_\_\_\_

**Hospitalization/Operations:**  None  Yes, (list) \_\_\_\_\_

**Broken bones/Severe injuries:**  None  Yes, (list) \_\_\_\_\_

**REVIEW OF SYSTEMS** Please check any current problems your child has on the list below:

**General**

fevers/chills/excessive sweating

unexplained weight loss

**Eyes**

squinting/cross eyes

**Ear/Nose/Throat**

unusually loud voice/hearing issue

mouth breathing/snoring

bad breath

frequently runny nose

problems with teeth/gums

**Heart/Cardiovascular**

tires easily

shortness of breath

fainting

chest pain with exercise

**Lungs/Respiratory**

cough/wheeze

chest pain

**Gastrointestinal**

nausea/vomiting/diarrhea

constipation

blood in bowel movements

**Genitourinary**

bedwetting

pain with urination

discharge penis/vagina

**Musculoskeletal**

muscle/joint pain

**Skin**

rashes

unusual moles

**Allergy**

hay fever/itchy eyes

**Neurological**

headaches

weakness

clumsiness

speech problems

**Psychiatric/Emotional**

anxiety/stress

problems with sleep

depression

nail biting/thumb-sucking

bad temper/jealousy

**Blood/Lymph**

unexplained lumps

easy bruising/bleeding

**SOCIAL/SCHOOL HISTORY** Current grade: \_\_\_\_\_ Name of school \_\_\_\_\_

Concerns about school performance?  No  Yes, \_\_\_\_\_

School grades: \_\_\_\_\_ Best friend?  No  Yes Many friends?  No  Yes, \_\_\_\_\_

Sexually active?  No  Yes Using birth control?  No  Yes Need more information? \_\_\_\_\_

Signature of person completing this form: \_\_\_\_\_

Reviewed by Provider: \_\_\_\_\_

**ADOLESCENT HEALTH HISTORY**

Patient's Name: \_\_\_\_\_

**FAMILY HISTORY** Please indicate family members (mother, father, sister, brother, aunt, uncle, grandparent)

Alcoholism \_\_\_\_\_ Heart attack \_\_\_\_\_ High cholesterol \_\_\_\_\_ Diabetes \_\_\_\_\_  
Stroke \_\_\_\_\_ Cancer \_\_\_\_\_ Stroke \_\_\_\_\_ High blood pressure \_\_\_\_\_  
Depression/suicide \_\_\_\_\_

In the past year, have there been any changes in your family?(check all that apply)  
\_\_ Marriage \_\_ Separation \_\_ Divorce \_\_ Move to a new neighborhood \_\_ New school  
\_\_ Serious illness \_\_ Loss of job \_\_ Death \_\_ Birth \_\_ Other changes/stresses

Who lives at home with you?

<u>Name</u>	<u>Age</u>	<u>Relationship</u>

**IMMUNIZATION/INFECTIOUS DISEASE** Did you bring your child's immunization history? \_\_\_\_\_  
If not, will you bring to next appointment? Or are they with another care provider? \_\_\_\_\_  
Has your child had: \_\_ Chicken pox \_\_ Measles \_\_ Mumps \_\_ Rubella \_\_ Tuberculosis \_\_ HepB  
\_\_ Meningitis \_\_ Pneumonia \_\_ Influenza \_\_ Other disease \_\_\_\_\_

**PREVENTION/SAFETY**

What's your dentist name? \_\_\_\_\_ Date of last dental exam? \_\_\_\_\_  
Do you or does anyone in your home:  
Use tobacco products? \_\_ No \_\_ Me \_\_ Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_  
Drink alcohol? \_\_ No \_\_ Me \_\_ Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_  
Use illegal drugs? \_\_ No \_\_ Me Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_  
Does your home have smoke detectors? \_\_ No \_\_ Yes  
Do you have guns in your home? \_\_ No \_\_ Yes If yes, are they unloaded and out of reach? \_\_\_\_  
Do you regularly use: Helmets for bikes/boards/atvs/motorcycles? \_\_ Yes \_\_ No  
Seat belts when riding or driving a car? \_\_ Yes \_\_ No

**OTHER CONCERNS**

Please review this list and check an concerns you have:  
\_\_ Physical development \_\_ Emotional development \_\_ Sleep patterns \_\_ Weight \_\_ Diet  
\_\_ Physical activities \_\_ Relationship with family/friends \_\_ Choice of friends \_\_ Self image  
\_\_ Self worth \_\_ Excessive moodiness or rebellion \_\_ Depression \_\_ Lying, Stealing  
\_\_ Violence/gangs/guns/weapons \_\_ School grades/absences \_\_ Drug Use  
\_\_ Smoking/chewing tobacco \_\_ Alcohol use \_\_ Sexual behavior \_\_ Sexual orientation  
\_\_ Pregnancy risk \_\_ Sexually transmitted diseases (STDs)  
What is the greatest challenge for you/your child? What makes you proud? \_\_\_\_\_  
Is there anything to discuss in private today? \_\_\_\_\_

Signature of person completing this form: \_\_\_\_\_  
Reviewed by provider: \_\_\_\_\_

